ATCC medium: 2356 Sonneborn's Paramecium medium, alkaline

Cereal Leaf Powder*......2.5 g Na_2HPO_40.5 g Distilled deionized water.....1.0 L

Combine ingredients and boil for 5 minutes.

Filter the grass solution through cheese cloth, then through Whatman #1 filter paper. (Or, filter through fiberglass pre-filters to remove particulates).

Add:

Add sufficient NaOH to raise pH to 10.5 +/- 0.2.

Place on a stirplate with pH probe inserted. Allow pH to stabilize. Autoclave at 121C for 15 minutes.

*Cerophyl from Ward's Natural Sciences, Rochester, NY (may be out of date) (or) Cereal Leaves, powder #C-7141, Sigma Chemical Co, St Louis, MO.